



St. Theodore Breakfast Menu

For February 2024

“The USDA is an equal opportunity provider and employer”

Menu Items May Change Depending On Availability



BREAKFAST TIME!


MON

TUES

WED

THURS

FRI

Breakfast is served from 7:45am-8:10am WW = Whole Wheat			1 Cereal or oatmeal choice/ Sausage-egg-cheese breakfast sandwich on English muffin/Hah brown potatoes/Fruit cup/2nd Fruit choice/Milk	2 Cereal or oatmeal choice/ WW Pancakes w/syrup/Chef's choice of breakfast meat/ Cheese stick or cube/Fruit cup/100% Fruit juice/Milk
5 Cereal or oatmeal choice/ Breakfast bar/Hard boiled egg/ Sausage patty/Yogurt/Fruit cup/2nd Fruit choice/Milk	6 Cereal or oatmeal choice/ Breakfast pizza/Yogurt/Fruit cup/2nd Fruit choice/Milk	7 Cereal or oatmeal choice/ Sausage-egg-cheese Tornado burrito/Yogurt & fruit par- fait/2nd Fruit choice/Milk	8 Cereal or oatmeal choice/ Banana & chocolate chip bread/ Hard boiled egg/Kielbasa sausage/ Cheese stick or cube/Fruit cup/100% fruit juice/Milk	9 Cereal or oatmeal choice/ Cheese omelet/Hash brown potato patty/Toast/Yogurt/Fruit cup/2nd Fruit choice/Milk
12 Cereal or oatmeal choice/ Fluffy scrambled eggs w/diced ham/Sweet roll/Yogurt/Fruit cup/100% fruit juice/Milk	13 Cereal or oatmeal choice/ French toast sticks w/syrup/ Canadian bacon/Yogurt/Fruit cup/2nd Fruit choice/Milk	14 Cereal or oatmeal choice/ Breakfast bar/Hard boiled egg/ Toast/Cheese stick or cube/ Fruit cup/100% Fruit juice/Milk	15 Cereal or oatmeal choice/ Sausage-egg-cheese Tornado burrito/Yogurt/Fruit cup/2nd Fruit choice/Milk	16 Cereal or oatmeal choice/ WW Pancakes w/syrup/Cheese stick or cube/Yogurt/Fruit cup/100% Fruit juice/Milk
19 No School 	20 Cereal or oatmeal choice/ Fruit bread or muffin/Fluffy scrambled eggs w/diced ham/ Yogurt/Fruit cup/100% Fruit juice/Milk	21 Cereal or oatmeal choice/ Toasted English muffins/Cheese stick or cube/Yogurt & fruit par- fait/2nd Fruit choice/Milk	22 Cereal or oatmeal choice/ Breakfast bar/Hard boiled egg/ Kielbasa sausage/Fruit cup/100% Fruit juice/Milk	23 Cereal or oatmeal choice/ Cheese omelet/Hash brown potato patty/Toast/Yogurt/Fruit cup/2nd Fruit choice/Milk
26 Cereal or oatmeal choice/ Breakfast bar/Yogurt/Cheese stick or cube/Fruit cup/Fruit cup/100% Fruit juice/Milk	27 Cereal or oatmeal choice/ Sausage-egg-cheese breakfast sandwich on English muffin/ Roasted potatoes/Fruit cup/2nd Fruit choice/Milk	28 Cereal or oatmeal choice/ Sweet roll/Hard boiled egg/ Cheese stick or cube/Yogurt/ Fruit cup/100% Fruit juice/Milk	29 Cereal or oatmeal choice/ French toast sticks w/syrup/ Canadian bacon/Yogurt/Fruit cup/2nd Fruit choice/Milk	